



The Power of Questions to Inspire

22 EMPOWERING QUESTIONS

THAT WILL CHANGE YOUR DAY

You can Find Your Inner Strength With These Inspiring Questions

Here's a list of **empowering questions** you can start creating a habit now of asking yourself to be happier and more positive:

1. How do I want to be feeling in this situation?
2. What is the solution for this?
3. What can I do first?
4. What is the first step I can take to get the results I want?
5. What can I do to have more fun doing this?
6. What can I feel grateful for in my life?
7. Who makes me feel most loved?
8. What makes me happy?
9. What might be worth doing?
10. How much pleasure and happiness can I enjoy?
11. How much joy can I allow myself to experience?
12. What might be the most useful thing for me to do?
13. What are the most useful steps for me to take?
14. Who can guide me or help me?
15. What can I learn from this?
16. What is the best-expected outcome?
17. How will it feel when I succeed?
18. What are my best memories?
19. What are my most significant accomplishments?
20. Who are my favourite people?
21. What things do I most like about earth?
22. What things do I most love?





Ask the **RIGHT** Questions !

The trick here is for you to learn to identify those disempowering questions, and then you stop and ask yourself empowering questions.

Here you've read and learnt a few empowering questions that can help you in most areas of your life. Whether to reach your goals or realign your emotional state by transforming your negative feelings into positive ones. This practice will help you in achieving a happier, more fulfilling life.



The Meditation for Success Workshop teaches you strategies to manage and move past the stress that life inflicts on us and stay true to ourselves.

The skills you'll learn in the Meditation for Success Workshop will help you remain cool, composed, and true to your character whenever you encounter toxic people in your life.

STRENGTHEN YOUR CHARACTER WITH THE POWER OF MEDITATION